



MINISTRY FOR EUROPEAN AFFAIRS AND EQUALITY PPCD/FPD/MSD, TRIQ IL- KUKKANJA, SANTA VENERA, MALTA

FEAD Citizen Summary (reporting summary 2016)

The Fund for the European Aid to the Most Deprived (FEAD) 2014 – 2020 focuses exclusively on food assistance and targets the most deprived persons, thus contributing towards the objective of reducing poverty. Households that have 2 or more children below the employment age of 16 and rely on social contributions or the National Minimum Wage, and also non-single pensioners, are some of the most vulnerable groups within our society.

During 2016, four food package distributions took place in January, April, July and November. More than 17,000 persons including children and dependants received food support. Each household receives between 45 or 65 items per distribution depending on the household situation. In total around 4,600 families benefitted from the food distribution 2016.

The Foundation for Social Welfare Services (FSWS) responsible for the food distribution led a team of volunteers who visited those families who accepted additional support. During these visits family members were asked about various household details such as, level of education and willingness to improve one's education, sources of main income, and level of income, household status, and psycho-social support in order to support them beyond the provision of food items. This was also done through the collaboration with other entities.

Moreover, from the second distribution onwards a booklet containing food recipes with the ingredients found in the food package started being distributed to also support families in using the assistance provided. The publication mainly focuses on nutrition, healthy eating and cooking on a budget. This informative booklet was disseminated amongst FEAD assisted households during food distributions. This publication is continuosly updated and improved in material and information. In 2016 around 5,000 copies of this publication were printed and disseminated.

The programme is leaving a long-lasting impact on those most in need.



Food Support to the Most Deprived Persons in Malta Operational Programme 2014- 2020 Programme part-financed by the European Union Fund for the European Aid to the Most Deprived (FEAD) Co-financing rate: 85% EU Funds; 15% National Funds

